

The start and finish of the race will be at the Montross Volunteer Rescue Squad on Lyells Street.

Race Day registration will be available near the starting line.

Tot Trot will immediately follow the Mile Run/Walk.

This race is being held in conjunction with the Montross Fall Festival.

Sponsors

Thank you to our Sponsors! Montross Rescue Squad, Art of Coffee, Inn at Montross, Angelo's Pizza, Northern Neck Building Supply, The Barn, El Mariachi, Campbell's Auto Sales, Northern Neck Chevrolet, Dairy Freeze, Sisson's Produce, Westmoreland State Park, Montross Brewerv. and the Sudduth Family!



Special thanks goes to Ferdie and Bonnie Chandler for the contributions to the Washington & Lee Cross Country Team.



This event includes:
a 3-Miler Walk/Run,
a One Mile Walk/Run
for kids 12 and under &
a **FREE** 100 Yard Tot Trot

1 Mile Price - \$5.00

3 Miler Price -

\$10 before Sept 28

\$15 Sept 28 - Oct 6

\$20 on Race Day

Place: Montross, Va

Date: October 7, 2017

Check In Time: 7:00 AM

3 Mile Race Time: 8:00 AM

One Mile Race Time: 9:00 AM

! NEW THIS YEAR !

Westmoreland County Animal Shelter Donation Center

Donation items include:

Dog Food

Collars

Leashes

Handy Paint Cups

Flea Prevention

Laundry Detergent

For any comments or concerns, please contact Cole Vanover at vanovercb@wmlcps.org or (804) 493 8015.



Awards

- Top 3 overall female finishers
- Top 3 overall male finishers
- First, Second, and Third place awards to each age category:
 - 13-16
 - 17-20
 - 21-30
 - 31-40
 - 41-50
 - 51-60
 - 61 and over

*Medals awarded to top 10 Boy and Girl runners in the One Mile Run/Walk

9th Annual Chandler 3 Miler

Shirts to the first 100 registered participants.

Name: _____ Age: _____ Male/Female (circle one)

Address: _____

City, State, Zip Code: _____

Email: _____ Date of Birth: _____

3 Miler _____ Shirt Size: Small Medium Large X-Large
(circle one)

1 Mile Run/Walk _____ Shirt Size: Small Medium Large X-Large
(circle one)

WAIVER: I hereby release the Race Sponsors and organizers from any responsibility for my participation in these events. I for myself, my heirs, executors, and administrators waive and release any and all rights and claims for personal damage and I, au have against race officials and sponsors. I attest that I am sufficiently physically fit for this event. Parent or Guardian waiver for minors (under 18 year olds) if applicable. Must have waiver with parent/guardian signature for all minors.

Runner's Signature: _____

Parent/Guardian Signature (if under 18): _____

Emergency Contact Name: _____ Phone: _____

Sign Release and Waiver.
Unsigned releases will not be eligible.

Make checks payable to:
Washington & Lee High
School

Mail registration and fee to:
Cole Vanover
16380 Kings Highway
Montross, VA 22520

